



## **HELPFUL HINTS REGARDING PERSONAL POSSESSIONS AND CLOTHING**

Welcome to Daughters of Sarah Nursing Center. We know that it is comforting to have those special items near by to help make you feel more “at home.” The following are some guidelines to help you plan for your stay with us and to help us safeguard your or your loved one’s personal possessions.

### **CLOTHING**

The staff at Daughters of Sarah Nursing Center encourages residents to dress daily in clothing of their personal choice that provides for individuality, comfort and dignity. The following information is provided to guide you regarding the use and care of clothing.

Daughters of Sarah Nursing Center provides laundry services at no additional charge. All resident clothing is washed in-house in our own state of the art Laundry facility. Personal clothing will be done Monday and Friday on a scheduled basis. Clothing is washed in commercial washers so it is important to supply items made of durable, machine washable fabrics only. We request polyester because cottons and other materials come out of large dryers heavily wrinkled and we can not iron or press them. Daughters of Sarah does not provide dry-cleaning services or laundry care for items that require special washing (such as cold water wash or hand wash). Also, wool sweaters and men’s suit jackets can not be done without damage to the items. We also get requests to wash sneakers. This should be done at home.

All clothing and washables such as blankets, quilts, shoes, etc. **MUST** be inventoried. Each time items are brought into the Center, you are asked to see the Front Desk so that items can be properly listed on the Resident Inventory form maintained in the medical record. This is an important way to track and safeguard these items.

If the family or resident representative prefers to care for the laundry needs of their loved one, we ask that notification be provided to us upon admission so that appropriate arrangements can be made. Even if you choose to care for your loved one’s clothing outside the Center, we still require that **ALL** clothing and washables be labeled.

Daughters of Sarah Nursing Center provides **FREE** labeling service to all residents of the Center. Please inform the Front Desk upon admission and we will be happy to accommodate you. Throughout your stay, this **FREE** service is always available. Therefore, when any new clothing or washables are brought into the facility, we ask that you see the Front Desk so those items can be inventoried and sent to Laundry for labeling. Labeling of personal clothing and washables will be done Monday through Friday only.

### **OTHER PERSONAL POSSESSIONS**

Your room comfortably accommodates a television between 13” to 19”. You may find a television stand takes up a lot of needed space. Televisions are not provided by Daughters of Sarah Nursing Center.

All electrical items (television, Radio, clock, razor, telephone, etc) must be checked and approved by our Building Service Department. The Charge Nurse will provide notification to have all electrical items inspected. Any additional furniture you wish to bring in that is not provided by our Center should be cleared through Building Services during regular business hours (8:30 AM-4:30 PM).

If you or your designated representative wish to remove any item (s) from the Center, a signature is required. You or your representative are asked to see the Front Desk for assistance before ANY item (s) is removed.

Whenever possible, valuables should be left at home or with a member of your family.

In the event that an item is lost or damaged, Daughters of Sarah Nursing Center will do whatever it can to investigate, provided that the loss is reported immediately. All reports of loss are documented and will be responded to. It is the resident's or designated representative's responsibility to replace or repair lost or damaged items.

Upon discharge, resident possessions will not be maintained by the Center in excess of (10) ten days. Arrangements must be made to remove items within this time period by contacting your Social Worker. Our regular pick up hours are Monday-Friday, 9:00 AM to 4:00 PM. **YOU ARE REQUIRED TO SIGN FOR ALL ITEMS REMOVED FROM THE CENTER.**

You will find suggestions for clothing selection. Upon admission, your Charge Nurse or Social Worker will be happy to assist you with any further questions.

### **SUGGESTIONS FOR SELECTING CLOTHING ITEMS**

The following list is provided as a guide to help you select a suitable amount of clothing to accommodate your loved one's needs and comfort. If he/she has difficulty with incontinence, please be assured that staff will do whatever they can to improve this condition. However, we ask that you provide additional amounts of clothing to assure that there is always an ample supply. You may also want to provide clothing that is a size larger than usual to accommodate any incontinence products used.

<b>Item</b>	<b>Men</b>	<b>Women</b>
Pajamas / night gowns	5	5
Bathrobe	2	2
Slippers (washable, flat, non-skid); Shoes / sneakers	2	2
Underpants (unless incontinence products are used)	14	14
Undershirts / bras, camisoles & half slips / full slips	14	6
Housecoats	-	8
Slacks	8	8
Dresses	-	8
Sport shirts	8	-
Suits	3	-
Dress shirts / blouses	8	8
Sweat suits	8	
Sweaters (non-wool cardigans)	8	8
Ties	2	-
Belts	2	2
Coats (season appropriate)	1	1
Outdoor hats, gloves, scarves (season appropriate)	1	1
Other accessories (purse, hat) as appropriate		