

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

The Massry Residence

<p>10:00am Exercise Video (AR) 4 11:00am Protestant Service (DOS-BTS) 2:00pm Congregation Gates of Heaven Mitzvah Day Poetry Reading (AR) 3:30pm Tony and Alex (L) <small>Daylight Saving Time Ends</small></p>	<p>9:30am Literacy Volunteers (L) 5 10:00am Exercise Video (AR) 11:00am Round Table Discussion on a Square Table (AR) 1:30pm Jewish Music Historian Robert Cohen (AR) 3:30pm Scattergories (AR) 6:30pm Movie (AR)</p>	<p>The Hairdresser is Here Today 6 10:00am Exercise (AR) <i>10:30am Walgreen's Outing</i> 1:30pm Voting at Teresian House 3:00pm Making Poppies for Our Veteran's (AR) 6:30pm Alyssa Yeager (L)</p>	<p>10:00pm Gentle Chair Yoga with Noreen (L) 7 10:45am Reading Group (FFEL) <i>10:45am Empire State Youth Orchestra at Proctor's (L)</i> 1:30pm Pet Visits with Abigail (L) 2:30PM Current Events with Rich (AR) 3:45 Word Game with Sharon (L) 6:30pm John Hill (L)</p>	<p>10:00am Exercise (AR) 1 <i>10:30am Library Outing</i> 2:00pm Bingo (AR) 3:30pm TED Talks with Abby (AR) 6:30pm Roger and Marilyn Held (L)</p>	<p>10:00am Exercise (AR) 2 <i>11:00am Lunch at Pizzeria Uno</i> 1:30pm Parsha with Dr. Ann (FFEL) 2:00pm 1:1s with Miss Ella 2:30pm Shul at DOS 3:00pm Knitting for a Purpose(FFEL) 4:00pm Crossword Puzzle Group (AR)</p>	<p>10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)</p>
<p>10:00am Exercise Video (AR) 11 2:30pm Rabbi Shalom Hammer Lecturer (AR) <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>10:00am Exercise (AR) 12 10:45am Resident Meeting (AR) 12:00pm Veteran's Day Luncheon in the Dining Room <i>2:00pm Target and Joanne's Shopping Outing (L)</i> 6:30pm Marilyn Sassi: Proctor: A Man, His Theater, Our Heritage (AR)</p>	<p>The Hairdresser is Here Today 13 10:00am Exercise Video(AR) 11:00am Maimonides Students (AR) <i>1:30pm Art Connects (L)</i> 3:45pm Crosswords on the Big Screen (AR) 6:30pm Eileen Mack (L)</p>	<p>10:00pm Gentle Chair Yoga with Noreen (AR) 14 10:45am Reading Group (FFEL) 2:30PM Current Events with Rich (AR) 4:00pm Mini Mysteries (L) 6:30pm The Mel-Malc Duo Variety Show (L)</p>	<p>10:00am Exercise (AR) 8 10:30am Manicures(AR) 2:00pm Bingo (AR) 2:30pm Mass- DOS-BTS 3:30pm Better Together with Abby (AR) 6:30pm Tommy Frame (L)</p>	<p>10:00am Exercise (AR) 9 10:30 Jewish Film (AR) 1:30pm Parsha with Dr. Ann (FFEL) 2:00pm Men's Group (AR) 2:00pm 1:1s with Miss Ella 2:30pm Shul at DOS 3:00pm Knitting for a Purpose(FFEL) 4:00pm Crossword Puzzle Group (AR)</p>	<p>10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)</p>
<p>10:00am Exercise Video (AR) 18 11:00am Rosary (DOS-BTS) 2:30pm Richie Phillips (L)</p>	<p>9:30am Literacy Volunteers (L) 19 10:00am Exercise Video (AR) 11:00am Nutrition Chat (AR) 2:30pm Rabbi Roy Feldman: Jewish History in Different Lands 6:30pm Alan Thomson and Jonathan Green (L)</p>	<p>HAPPY BIRTHDAY DIANE 20 The Hairdresser is Here Today 10:00am Exercise (AR) 11:00am Maimonides Students (AR) <i>2:00pm Albany Institute of History and Art Private Tour (L)</i> 3:45pm Allison's Corner (AR) 6:30pm Paul Slingerland (L)</p>	<p>HAPPY BIRTHDAY EDITH 21 10:00pm Gentle Chair Yoga with Noreen (AR) 10:45am Reading Group (FFEL) 1:30pm Pet Visits with Abigail (L) 2:30PM Current Events with Louis-Jack (AR) 4:00pm Thanksgiving Happy Hour with Bev Oudt (L)</p>	<p>9:00am to 12:00pm 22 Macy's Thanksgiving Day Parade in the Activities Room 3:00pm Movie: <i>Avalon</i> In the Activities Room Happy Thanksgiving! <small>Thanksgiving Day (US)</small></p>	<p>9:30am Exercise Video (AR) 23 10:30am Jewish Film (AR) 1:30pm Parsha with Dr. Ann (FFEL) 2:00pm Men's Group (AR) 2:30pm Shul at DOS 3:00pm Knitting for a Purpose(FFEL) 4:00pm Crossword Puzzle Group (AR)</p>	<p>HAPPY BIRTHDAY MURIEL M. 24 10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR) 2:15pm Baptist Service (DOS-BTS)</p>
<p>10:00am Exercise Video (AR) 25 11:00am Protestant Service with Elena (DOS-BTS) 2:30pm Leo Milman (L)</p>	<p>9:30am Literacy Volunteers (L) 26 9:30am Exercise Video (AR) 10:30am Art with Amy and Judy (AR) 2:30pm Rabbi Roy Feldman: Jewish History in Different Lands 3:45pm Discussions with Rabbi Bev (AR) 6:30pm WOW: Women of Wisdom with Adrienne (AR)</p>	<p>The Hairdresser is Here Today 27 10:00am Exercise (AR) 11:00am Maimonides Students (AR) 2:30 Monthly Birthday Party with The Viglucci Jazz Trio (L) 4:00pm Who, What, am I? (L)</p>	<p>10:00pm Gentle Chair Yoga with Noreen (AR) 28 10:45am Reading Group (FFEL) 2:30PM Current Events with Louis-Jack (AR) 4:00pm You Be The Judge (L) 6:30pm Arnie Adler; Jews in the News (AR)</p>	<p>10:00am Exercise (AR) 29 10:30am Communion (DOS-BTS) 10:45am Dining Services Meeting (PDR) 2:00pm Bingo (AR) 3:30pm Better Together with Abby (AR) 6:30pm Bob Marcello</p>	<p>10:00am Exercise (AR) 30 10:30am Art with Amy and Judy (AR) <i>11:00am Lunch at The Albany Pump Station (L)</i> 1:30pm Parsha with Dr. Ann (FFEL) 2:00pm 1:1s with Miss Ella 2:30pm Shul at DOS 3:00pm Knitting for Purpose (FFEL) 4:00pm Crossword Puzzle Group (AR)</p>	<p>Programs subject to change without prior notice. Check at the front desk daily for changes. FFEL= First Floor East Lounge, (AR)= Activities Room (CK)= Country Kitchen, (PDR)= Private Dining Room, (FP)= Front Patio, (L)= Lobby, (DOS)= Daughters of Sarah, (BTS)= Behind the Shul</p>