

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The Massry Residence

JUNE 2018

(L)= Lobby, FFEL= First Floor East Lounge, (AR)= Activities Room (CK)= Country Kitchen, (SFEL) = Second Floor East Lounge, (PDR)= Private Dining Room,(DOS)= Daughters of Sarah, (BTS)= Behind the Shul, (FR) = Founders Room, (BP)= Beauty Parlor Programs subject to change without prior notice.
Check at the front desk daily for changes.

<p>10:00am Exercise Video (AR)</p> <p>11:00am Protestant Service DOS-BTS</p> <p>2:30pm The Milman Trio</p>	<p>10:00am Exercise (AR)</p> <p>10:45am Resident Meeting in the Activities Room</p> <p>2:00pm Daniel Grossberg on "The Wailing Wall" Followed by Jessica's Birthright Trip Party (AR)</p> <p>4:00pm Lemonade and Laughter on the Front Patio</p> <p>6:30pm Movie (AR)</p>	<p>10:00am Exercise (AR)</p> <p><i>10:45am Walgreen's Outing</i></p> <p><i>2:30 Audrey Siedman; Ageing to Sage-ing (AR)</i></p> <p>4:00pm Mocktails, Cocktails, Munchies, and Music (FP)</p> <p>6:30pm Guy Tonno (L)</p>	<p>8:00am Breakfast on the Patio</p> <p>10:00am Gentle Chair Yoga with Noreen (AR)</p> <p>10:45am Reading Group (FFEL)</p> <p>1:30pm Pet Visits with Abigail (L)</p> <p>2:30pm Current Events with Louis-Jack (AR)</p> <p>6:30pm Paul Slingerland (L)</p>	<p>10:00am Exercise (AR)</p> <p><i>10:40am Library Outing</i></p> <p>10:30am Communion DOS-BTS</p> <p>2:00PM Bingo (AR)</p> <p>3:30pm Writing, Rhythm and Rhyme with Joan (AR)</p> <p><i>7:00pm Summer Concert Series: Featuring The Troy Haymakers on the Back Patio</i></p>	<p>10:00am Exercise (AR)</p> <p>10:30am Men's Group with Dr. William Rockwood (AR)</p> <p>1:30pm Parsha with Dr. Ann (FFEL)</p> <p>2:30pm Shul at DOS</p> <p>3:00pm Knittin' and Noshin' (FFEL)</p>	<p>10:00am Synagogue at DOS</p> <p>2:00pm Saturday Matinee' (AR)</p>
<p>10:00am Exercise Video (AR)</p> <p>11:00am Communion DOS-BTS</p> <p>2:30pm Cantor Bob Cohen (L)</p>	<p>10:00am Chair Dancing with Shirley (AR)</p> <p>10:45am Art with Amy & Judy (AR)</p> <p><i>2:30pm Cantor Blatt: Jewish Songwriters/American Songs(L)</i></p> <p>4:00pm Lemonade and Laughter on the Front Patio</p> <p>6:30pm Movie (AR)</p>	<p>9:30 Eagle Point Readers</p> <p>10:00am Exercise Video(AR)</p> <p><i>1:30pm Tour of Historic Albany with Hop-On Tour Guide Peter Gotchalk</i></p> <p>2:30pm Movie and Popcorn (AR)</p> <p>6:30pm Jesse Cohen-Greenberg</p>	<p>10:00am Gentle Chair Yoga with Noreen (AR)</p> <p>10:45am Reading Group (FFEL)</p> <p>2:30pm Current Events</p> <p>4:00pm Iced Tea & Trivia on the Back Patio</p> <p><i>6:30pm Ice Cream Outing</i></p>	<p>10:00am Exercise (AR)</p> <p>10:45am Sunshine Group (FFEL)</p> <p>2:00pm Bingo (AR)</p> <p>3:30pm Writing, Rhythm and Rhyme with Joan (AR)</p> <p>6:30pm Cole Broderick (L)</p> <p>Flag Day (US)</p>	<p>10:00am Exercise (AR)</p> <p>11:00am Jewish Film Club</p> <p><i>11:45am Lunch Outing to Panera Bread</i></p> <p>1:30pm Parsha with Dr. Ann (FFEL)</p> <p>2:30pm Shul at DOS</p> <p>3:00pm Knittin' and Noshin' (FFEL)</p>	<p>10:00am Synagogue at DOS</p> <p>2:00pm Saturday Matinee' (AR)</p>
<p>10:00am Exercise Video (AR)</p> <p>11:00am Rosary DOS-BTS</p> <p>2:30pm Brian Zapel (L)</p> <p>Father's Day</p>	<p>10:00am Chair Dancing with Shirley (AR)</p> <p>11:00am Crosswords on the Big Screen (AR)</p> <p><i>1:30pm Robert Cohen: Women in American-Jewish Music (AR)</i></p> <p>3:30pm Art with Amy & Judy</p> <p>6:30pm Women of Wisdom with Adrienne (AR)</p>	<p>10:00am Exercise (AR)</p> <p><i>10:30am Shopping Trip to 5 Below</i></p> <p>2:30pm Reunion Tea with DOS (AR)</p> <p>6:30pm 2 Broads with Alotta Sound</p>	<p>8:00am Breakfast on the Patio</p> <p>10:00am Gentle Chair Yoga with Noreen (AR)</p> <p>10:45am Reading Group (FFEL)</p> <p>1:30pm Pet Visits with Abigail (L)</p> <p>2:30pm Current Events with Rich (AR)</p> <p>6:30pm Jordan Feinman (L)</p>	<p>10:00am Exercise Video (AR)</p> <p><i>9:30am Live and Learn Lecture at the Albany JCC</i></p> <p>10:45am Allison's Corner (AR)</p> <p>2:00pm Bingo (AR)</p> <p>3:30pm Writing, Rhythm and Rhyme with Joan (AR)</p> <p>6:30pm Joe Gorman (L)</p> <p>Summer Begins</p>	<p>10:00am Exercise (AR)</p> <p>10:30am Jewish Film Club</p> <p>1:30pm Parsha with Dr. Ann (FFEL)</p> <p>2:30pm Shul at DOS</p> <p>3:00pm Knittin' and Noshin' (FFEL)</p>	<p>10:00am Synagogue at DOS</p> <p>2:00pm Saturday Matinee' (AR)</p>
<p>10:00am Exercise Video (AR)</p> <p>11:00am Protestant DOS-BTS</p> <p>2:30pm Lost Radio Rounders "Folk Songs of America" (L)</p>	<p>10:00am Chair Dancing with Shirley (AR)</p> <p>10:45am Dining Committee (PDR)</p> <p><i>2:30pm Cantor Ken Blatt: Concert; Jewish Songwriters / American Songs (L)</i></p> <p>4:00pm Lemonade and Laughter on the Front Patio</p> <p>6:30pm Movie (AR)</p>	<p>10:00am Exercise (AR)</p> <p>10:30am Art with Amy & Judy (AR)</p> <p>2:30pm Birthday Party with Bev Oudt on Piano (L)</p> <p>3:45pm Discussion with Rabbi Bev (AR)</p> <p>6:30pm Val Gray (L)</p>	<p>10:00am Gentle Chair Yoga with Noreen (AR)</p> <p>10:45am Reading Group (FFEL)</p> <p>2:30pm Current Events with Rich (AR)</p> <p>4:00pm Nutrition Chat (AR)</p> <p>6:30pm Richard Feldman (AR)</p>	<p>10:00am Exercise (AR)</p> <p>10:30am Communion at DOS-BTS</p> <p>2:00pm Dog Days of Summer Bingo (AR)</p> <p>3:30pm Writing, Rhythm and Rhyme with Joan (AR)</p> <p>6:30pm Joshua Wein (L)</p>	<p>10:00am Exercise (AR)</p> <p>10:45am Conversational Yiddish (AR)</p> <p><i>11:45am Lunch Outing to IHOP</i></p> <p>1:30pm Parsha with Dr. Ann (FFEL)</p> <p>2:30pm Shul at DOS</p> <p>3:00pm Knittin' and Noshin' (FFEL)</p>	<p>10:00am Synagogue at DOS</p> <p>2:00pm Saturday Matinee' (AR)</p>